



served by One Team



Residents Leading Change



Report by Frances Taylor
Play and Physical Activity Officer
Boston Borough Council
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The original outdoor gym equipment has been in situ for 8 years+ and was in desperate need of being replaced

The equipment has been extremely popular with the community and is used on a regular basis and helps improve the health and wellbeing of the community.

Being out in the fresh air whilst exercising with friends really encourages those who do not wish to go to an inside gym environment the chance to improve their fitness level, make new friends and realise that exercise can be fun.

Those who use the equipment say they use this outdoor equipment because:

“It is FREE to use whenever I like”

“I can use it on the way to and from school”

“I don’t like going to the gym because I feel everyone is watching me”

“I can’t afford to go to the gym”

“It is a great way to be with your mates and exercise”

“I can’t use all of the equipment due to my mobility but what I can use I enjoy”

By installing more modern and better quality equipment gives the opportunity for more people to come and use it. We now have a hand bike which can be used by wheelchair users and more challenging equipment.

Before any equipment could be installed the old equipment had to be removed which was paid for by Boston Borough Council at a cost of £1849.00 plus VAT from the Grounds Budget

Once the equipment had been removed the new equipment was installed



Rusty Cross Trainer



New Cross Trainer



Broken Leg Press



New Double Leg Press



Old Cycle Bike



New Cycle Bike



Duplicate Air Walker



Inclusive Hand Bike



Empty space equipment removed
due to H & S issues



New Body Twister



Broken Side



New Step Box
Multi Gym



Old Body Twister



Chest Press & Pull Down Exerciser

Seven new pieces of equipment have been installed at a cost of £19,546.84

Plus the removal costs as above £1849.00

Funding from Boston Big Local of £4000, £1849 From Grounds Team and the remaining cost from Boston Town Area Committee of £15,546.84 enabled this project to be completed on 19th September 2022.

Total cost of project £21,395.84 plus VAT

Already the equipment is proving to be popular and really enhances Central Park.

The remaining of the 5 pieces of original equipment which was installed at an earlier time will be painted to look fresh and to match the new equipment.

This work will be done by the BTAC town team.

Report written by Frances Taylor

Event, Play and Physical Activity Officer

Boston Borough Council